

# The Briah Foundation Code for Women's Clinics in Israel



A pelvic exam is a medical procedure that may be experienced as embarrassing or even trigger unpleasant past memories.

In this clinic we would like to make sure the exam is conducted in the most respectful and sensitive manner. Please tell your doctor if you experience pain or discomfort, so they can adjust the exam for you.

**Know your rights:**



**1**

## **Confidence**

You have the right for a companion with you during the exam.

**2**

## **Knowledge**

You have the right to receive explanations before and after the exam, while you are fully clothed. You can ask the doctor for details regarding findings, diagnosis and treatment options while dressed and seated.

**3**

## **Comfort**

The room will have a private area for you to undress, as well as a designated spot for your personal belongings.

**4**

## **Discretion**

You have the right to receive adequate preparation and explanations before undergoing invasive procedures. The doctor must ask for your permission before any invasive procedure.

**5**

## **Privacy**

The doctor will maintain your privacy as best as possible and provide a covering sheet for intimate examinations.

**6**

## **Control**

The doctor will offer you to insert the speculum yourself or together and will respond to your feedback regarding pain or discomfort.

**7**

## **Dignity**

The doctor will refrain from criticism, jokes, or suggestions related to your body, sexuality, weight or religion.

**8**

## **Agency**

The final decision is yours only; If you do not feel comfortable with a certain medical examination, procedure, or answering intimate questions; you have the right to decline.

**9**

## **Accountability**

You have the right to receive a copy of the appointment summary as it appears in your medical record.

**10**

## **Follow-up**

You have the right to ask your doctor to add a comment to your medical file so you do not have to explain it repeatedly to doctors on following visits.

We are here for you, and invite you to contact us with any problem or question.

[www.briah.org](http://www.briah.org)